

Family Dentistry
Dr. Angela Karogiannis
781 438 3199

ROOT CANAL THERAPY POST-OPERATIVE DIRECTIONS

1. Do not drink or eat for ½ hour after treatment to allow temporary filling to harden.
2. If local anesthesia has not worn off (esp. lower), be careful to avoid biting of burning soft tissue until normal sensation returns.
3. In order to avoid fracture, do not chew on tooth after root canal therapy until the tooth is permanently restored with either a crown or filling. Temporary fillings should be replaced with a permanent restoration within 2 months.
4. An over the counter anti-inflammatory medication after treatment may be necessary for discomfort. Ex: Ibuprofen (Advil, Motrin): 2-3 tablets/4hrs.
5. Narcotics can be used with over the counter medications if needed.
6. If antibiotics have been prescribed, complete the full course unless directed otherwise. If rash and/or itching occur stop medication and call our office.
7. Mild to moderate soreness/tenderness in treatment area approximately 1-7 days is normal. Slight swelling of the inner gum or outer face is not abnormal. If discomfort or swelling is not resolving over a week, please call office.
8. If necessary, apply ice to area adjacent to the tooth in treatment, 15 minutes per hour to assist in relief of soreness. Do not use heat.
9. Please contact us if you experience increased discomfort.